

# School Lunch Menu – Choice

|   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|---|--|---|---|
| <b>Week 1</b><br><b>Week beginning:</b><br><b>03.04.23</b><br><b>01.05.23</b><br><b>29.05.23</b><br><b>26.06.23</b> | Golden Crumbed Fish Fillet<br>Or<br>Macaroni Cheese with Garlic Bread Slice<br><br>Chipped Potatoes/Baked Potatoes Baked Beans & Garden Peas<br><br>Strawberry Mousse and Fruit | Homemade Beef Bolognaise<br>or<br>Southern Spiced Chicken Wrap<br><br>Pasta Spirals/ Mash Potato Crusty Bread/Sweetcorn/Coleslaw<br><br>Homemade Swiss Roll & Custard | Cheese or Pepperoni Pizza<br>or<br>Homemade Chicken Curry & Naan Bread<br><br>Boiled Rice, Potato Wedges & Peas/Tossed Salad<br><br>Chocolate Sponge & Custard | Roast Gammon with Stuffing & Gravy<br>or<br>Cheesy Bean Loaded Jacket Potato & Pasta Salad<br>Mash & Oven Roast Potatoes Garden Peas/Carrots<br>Homemade Shortbread /Fresh Fruit Salad              | Hotdog<br>or<br>Sweet Chilli Chicken Panini<br><br>Chipped Potatoes/Baked Potatoes Coleslaw, Baked Beans<br><br>Vanilla Ice-Cream & Fresh Fruit |
| <b>Week 2</b><br><b>Week beginning:</b><br><b>10.04.23</b><br><b>08.05.23</b><br><b>05.06.23</b>                    | Beef Burger in a bap with Cheese/Salad<br>or<br>Chicken & Pasta Bake<br><br>Chipped/Crusty Bread Sweetcorn & Baked Beans<br><br>Ice-cream tub & Fresh Fruit                     | Irish Stew<br>or<br>Ham & Cheese Panini<br><br>Mashed Potatoes/Salad<br><br>Homemade Brownie and Milkshake  | Homemade Chicken Curry & Naan Bread<br>or<br>Golden Crumbed Fish Fillet<br><br>Diced Potatoes/ Rice Garden Peas<br><br>Jam & Coconut Sponge & Custard          | Roast Turkey with Stuffing & Gravy<br>or<br>Salmon Cakes<br><br>Mash & Oven Roast Potatoes Broccoli & Baton Carrots<br><br>Popcorn cookie & Fresh Fruit   | Oven Baked Chicken Nuggets<br>Or<br>Homemade Beef Lasagne<br><br>Chipped/Baked Potatoes/Salad Coleslaw<br><br>Frozen Yoghurt/Fresh Fruit        |
| <b>Week 3</b><br><b>Week beginning:</b><br><b>20.03.23</b><br><b>17.04.23</b><br><b>15.05.23</b><br><b>12.06.23</b> | Oven Baked Chicken Goujons<br>or<br>Spiced Chicken Fajita<br><br>Chipped /Mash Potato/Coleslaw Baked Beans & Sweetcorn<br><br>Yoghurt & Fruit                                   | Oven Baked Pork Sausages<br>Or<br>Chilli Beef with Garlic Slice<br><br>Boiled Rice/Diced Potato Garden Peas & Coleslaw<br><br>Zesty Iced Orange Sponge & Custard      | Homemade Chicken Curry & Naan Bread<br>Or<br>Ham & Cheese Panini<br><br>Boiled Rice/Tossed Salad/ Sweetcorn<br><br>Carmel Tart and Custard                     | Roast Beef with Stuffing & Gravy<br>or<br>Sweet Chilli Chicken Loaded Jacket Potato<br><br>Mash & Oven Roast Potatoes Baton Carrots & Fresh Cabbage<br><br>Flakemeal Biscuit & Strawberry Milkshake | Oven Baked Fish Fingers<br>Or<br>Cheese or Pepperoni Pizza<br><br>Chipped/Mashed Potatoes Spaghetti Hoops/Garden Peas<br><br>Ice-Cream & Pears  |
| <b>Week 4</b><br><b>Week beginning:</b><br><b>27.03.23</b><br><b>24.04.23</b><br><b>22.05.23</b><br><b>19.06.23</b> | Chicken Burger & Salad<br>or<br>Pasta Bolognaise in a Rich Tomato Sauce with Garlic Bread Slice<br><br>Chipped/Baked Potatoes/Sweetcorn<br><br>Vanilla Artic Roll & Two Fruit   | Homemade Chicken Pie<br>or<br>Margherita Pizza slice<br><br>Wedged/Mashed Potatoes Garden Peas/Coleslaw<br><br>Muffin & Fruit   | Beefburger & Onion Gravy<br>or<br>Chicken Curry & Naan Bread<br><br>Mashed Potato/Boiled Rice Carrots/Sweetcorn<br><br>Sticky Toffee Pudding & Custard         | Roast Chicken Fillet with Stuffing & Gravy<br>or<br>Ham & Cheese Loaded Jacket Potato/Salad<br>Mash & Oven Roast Potatoes Broccoli/Carrots<br><br>Rice Krispie Square & Fruit                       | Oven Baked Chicken Goujons<br>or<br>Oven Baked Fishcake<br><br>Chipped/Baked Potato Baked Beans/Coleslaw<br><br>Cookie & Fresh Fruit            |

Breads, Milk, Water & Fresh Fruit Available Daily, If You Require Additional Information on Allergens or Special Diets, Please Contact the School to complete a Special Diets Application Form